

DEPARTMENT OF PUBLIC HEALTH & SOCIAL SERVICES

(DIPATTAMENTON SALUT PUPBLEKU YAN SETBISION SUSIAT)

123 Chalan Kareta Mangilao, Guam 96913-6304



J. Peter Roberto, ACSW DIRECTOR

Felix P. Camacho GOVERNOR

Michael W. Cruz, M.D. LIEUTENANT GOVERNOR

Honorable Speaker Judith T. Won Pat, Ed.D. I Mina' Trenta Na Liheslaturan Guåhan 30th Guam Legislature Suite 201,155 Hesler St. Hagåtña, Guam 96910

Dear Honorable Speaker Won Pat:

Buenas yan Saluda! In accordance with Public Law 17-35, enclosed is a copy of the 2009 Senior Citizens Month Report which includes an expenditure of funds appropriated for this operation.

Thank you for your support of our senior programs.

Should you have any questions, you may contact Mr. Arthur U. San Agustin, MHR, Senior Citizens Administrator at 735-7011.

Senseramente,

J. PETER ROBERTO, ACSW

Director

Enclosure

Senator Frank B. Aguon, Jr.

Senator Adolpho B. Palacios, Sr.

GUAM LEGISLATURE REPRODUCTION/MAIL ROOM



Senior Citizens Month Report

The Department of Public Health and Social Services (DPHSS), Division of Senior Citizens (DSC) coordinated various events for Senior Citizens Month 2009, which is observed annually in the month of May. As mandated by Public Law 17-35, this report is submitted to the 30th Guam Legislature to report on activities and expenditure for Senior Citizens Month 2009.

The theme for the month long celebration, "Living Today for a Better Tomorrow," translated into the Chamorro language, "Nina'la' På'go para Minaolek Agupa," was derived from the official theme for the nation's celebration of Older American's Month 2009, as developed by the U.S. Department of Health & Human Services, Administration on Aging.

To plan and coordinate all Senior Citizens Month activities, DSC appointed staff to serve as cochairs and a Central Planning Committee (CPC) was created and convened at the office of the Division of Senior Citizens on February 26, 2009. Thereafter, the CPC met twice a month until the end of April 2009. Members of the CPC included representatives from government agencies/departments, private and non-profit entities, to include DSC; Catholic Social Service (CSS), GovGuam Association of Retired Persons/Servicio Para I ManAmko (GGARP/SPIMA); Guam Fire Department; Kals Corporation; Law Offices of Gary Wayne Francis Gumataotao; Mayor's Council of Guam; National Family Caregiver Support Program of the University of Guam (NFCSP/UOG); 30th Guam Legislature and St. Dominic's Senior Care Home.

The CPC developed a calendar of events, listing 10 events, arranged in chronological order by date, activity, sponsoring organization, venue and time. The calendar of events is as follows:

DATE	ACTIVITY	SPONSORING ORGANIZATION	LOCATION/TIME	
April 30 Thursday	Proclamation Signing	Office of the Governor and DSC/DPHSS	Astumbo Senior Citizens Center 11:30 a.m.	
May 1 Friday	Rai Yan La Raina Coronation	GGARP/SPIMA	Pacific Islands Club 10:00 a.m. – 2:30p.m.	
May 12 Tuesday	35th Annual Governor's Conference on Aging	Division of Senior Citizens, DPHSS	Guam Marriott Resort & Spa 9:30 a.m 2:00 p.m.	
May 13 Wednesday	May Crowning	St. Dominic's Senior Care Home	St. Dominic's Senior Care Home, Barrigada 10:30 a.m 2:00 p.m.	
May 15 Friday	Frail Elderly Mass	Catholic Social Service	Adult Day Care, CSS, Barrigada 10:00 a.m 2:00 p.m.	
May 20 Wednesday	"Senior Citizens Day" Arts and Crafts Fair	30th Guam Legislature	Guam Marriot Resort & Spa 10:00 a.m 2:00 p.m.	
May 22 Friday	Division of Senior Citizens Volunteer Appreciation Program	Division of Senior Citizens, DPHSS	Guam Marriot Resort & Spa 11:00 a.m 1:00 p.m.	

May 28 Thursday	Governor and First Lady's Luncheon in Honor of Guam's Centenarian	Office of the Governor, Office of the First Lady and the Division of Senior Citizens, DPHSS	Government House, Agana Heights 9:30 a.m. – 2:00 p.m.	
May 28 Thursday	Rai Yan La Raina Fundraising Raffle Drawing	GGARP/SPIMA	GGARP/SPIMA Office, Hagåtña 3:00 p.m.	
May 29 Friday	Island Dinner Theme: Country Western	Office of the First Lady and KAL's Corporation	Seafood Chef 6:00 p.m.	

The CPC ensured that optimal accessibility by senior citizens to all events was coordinated safely and where possible, special accommodations was also arranged for those requiring personal assistance, transportation and/or special meals. The calendar of events was published in the Marianas Variety Newspaper on April 21, 24 and 30, 2009. Representation from the Division of Senior Citizens and the Senior Citizens Month Central Planning Committee were also guests on KPRG Public Radio, Isla Health Talk with Karen Cruz, and Making a Difference for Women with Karen Carpenter; KOLG Family and Friends Program with Tony Diaz; KISH 102.9 FM with Rosalin Marin; and KUAM News Extra with Sonya Artero to talk about the Senior Citizens Month activities and share senior program information.

DSC also promoted participation of Senior Citizens Month events by displaying outdoor vinyl banners proclaiming the month of May as Senior Citizens Month along heavily traveled thoroughfares around the island to include in front of the Veteran's building at the intersection of Route 10 and 15, Mangilao; Dededo Flea Market; Agat and Ordot/Chalan Pago areas and a separate traveling banner was prominently displayed at each event location.

DSC also promoted participation of events, particularly, the Centenarian Recognition Event through the placement of a virtual banner in the homepage of the Department of Public Health and Social Services. The banner requested for the public's assistance in identifying prospective centenarians (senior citizens whose primary residence is Guam and turning 100 years old or older in 2009) who would be interested in celebrating their longevity as an event with Senior Citizens Month. A call for centenarians via DPHSS Press Release no. 2009-008 was sent to the media on March 5, 2009. The Pacific Daily Newspaper announced the press release in their March 16, 2009 publication.

HIGHLIGHT

Highlights of Senior Citizens Month 2009 were the Proclamation Signing Event, the 35th Annual Governor's Conference on Aging, Senior Citizens Day, and Centenarian Recognition Celebration.

Proclamation Signing

The Honorable Governor Felix P. Camacho signed proclamation 2009-038 on Thursday, April 30, 2009 at the Astumbo Senior Center, officially designating the month of May 2009 as Senior Citizens Month. Since 2006, the proclamation signing events have taken place at senior citizens centers to allow senior participants to fully partake in the celebration to kick off Senior Citizens Month. The event was first held in this manner in 2006 at the Sinajana Senior Citizens Center, followed by the Mangilao Senior Citizens Center in 2007, traveled to Yigo in 2008, and was held at the Astumbo Senior Center in 2009.

This event was attended by senior center participants from Astumbo, representatives of the Senior Executive Council, members of the Rai Yan La Raina Royal Court, DPHSS staff, DSC staff, members of the Aging Services Network (CSS, GGARP/SPIMA, Kals Corporation, Law Offices of Gary Wayne Francis Gumataotao and NFCSP/UOG) and representatives of the Mayor's Council of Guam and the Dededo Mayor's Office.

Kals Corporation of the Elderly Nutrition Program prepared a nutritious fiesta style meal for the registered senior citizens at the Astumbo center. Similarly to past events, the Mayor's Council of Guam graciously hosted a complimentary luncheon for non-senior attendees. The Dededo Mayor's Office provided canopies and chairs. The Astumbo senior participants also voluntarily contributed to the luncheon menu.

Rai Yan La Raina Coronation

The 2009 Rai Yan La Raina Royal Court Coronation, which is coordinated annually by GGARP/SPIMA, was held at the Pacific Islands Club on Friday, May 1, 2009. The event drew a crowd of approximately five hundred (500) people. Mr. Joseph S. Damian of Sinajana Senior Citizens Center was crowned the 2009 Rai (King) and Mrs. Dolores C. Naputi of the Santa Rita Senior Citizens Center was crowned the La Raina (Queen). This year's Royal Court include Prinsipin Riat Albert C. Quintanilla, Yona/Talofofo Senior Center; Prinsesan Riat Serafina P. Tajalle, Dededo Senior Center; Prinsesa Lisa Chu Su Thai, Tamuning Senior Center; Prinsesa Josefa Q.A. Rosario, Yona/Talofofo Senior Center; Prinsesa Teresita C. Gumataotao, Inarajan Senior Center; and Prinsesa Dolores M. Baluyut, Yigo Senior Center.

Governor's Conference on Aging

The 35th Annual Governor's Conference on Aging (GCOA) was held on Tuesday, May 12, 2009 at the Guam Marriott Resort & Spa. This year's conference was sponsored by the DSC and accommodated five hundred and fifty (550) people. Each registered participant received a complimentary conference bag filled with Title III Aging program information, a conference program, pen, and other useful items such as a flashlight and a bottle of hand sanitizer. The three (3) main conference presentations focused on topics with varying interests and information that would help seniors improve their quality of life:

"Electronic Health Records," was delivered by the Honorable Michael W. Cruz, M.D., Lt. Governor of Guam.

"The Pillars of Fulfilling and Satisfying Vertical Relationships in the Aging Population: Tips for Strengthening these Pillars," was delivered by Dr. George Kallingal, Clinical and Forensic Psychologist and Professor Emeritus, UOG. His presentation looked at the three major relationships in life, and how to successfully grow from one stage to the next in order to have a more fulfilling and satisfying life.

"Finances and the Law," was delivered by Mr. Gary Wayne Francis Gumataotao, Esq., of the Law Offices of Gary Wayne Francis Gumataotao. His presentation encompassed debt counseling which delved into addressing debt

issues and the specter of bankruptcy, and probate avoidance or containment of expenses after death.

Additionally, the Department of Integrated Services for Individuals with Disabilities presented on the Aging and Disability Resource Center (ADRC)/Guam Get Care and a representative from the American Association of Retired Persons (AARP) presented on the benefits of being a member of AARP. The AARP Health Club also performed a dance routine. In addition to the conference sessions, a relaxation room was available with beauty services (haircuts, pedicures, manicures, massage and facials) provided by Mariacy Beauty Academy students supervised by trained and experienced instructors. These limited services were provided to members of the 2009 Rai Yan La Raina Royal Court, and to seniors who received a randomly placed beauty service coupon in their conference bag. Receiving a beauty service coupon is much coveted by many seniors who took full advantage of the services provided at this venue. A session on exercise was also provided by SOAR Therapy.

To assist conference participant's network with members of other aging programs, exhibitors, comprising of aging network partners, health and social services programs, educational institutions, and military and non-profit community-based organizations, were available to answer questions and provide useful information for our seniors. Promotional items and program booklets relative to their organizations were available to the conference participants. Exhibitors included: (1) AARP; (2) Guam Systems for Assisted Technology (GSAT); (3) Bureau of Health Care Financing (BHCF), DPHSS; (4) Department of Labor; (5) Department of Revenue and Taxation; (6) Bureau of Professional Support Services (BPSS), DPHSS; (7) Tricare; (8) Department of Integrated Services for Individuals with Disabilities (DISID), and the (9) Division of Senior Citizens (DSC), DPHSS.

May Crowning and Frail Elderly Mass

The May Crowning and the Frail Elderly Mass are events hosted annually by the St. Dominic Senior Care Home and Catholic Social Service respectively. Both events are coordinated to accommodate less than hundred (200) people to include frail elderly participants, their families and/or caregivers and members of the Senior Aging Network.

The May Crowning event was a Catholic mass and a presentation of floral bouquets to the Blessed Mother, which was held on May 13, 2009 at the St. Dominic's Senior Care Home in Barrigada from 10:30 a.m. to 2:00 p.m.

The Frail Elderly Mass was another Catholic mass held on May 15, 2009 at Catholic Social Service in Barrigada from 10:00 a.m. to 2:00 p.m.

Immediately following each event, organizers provided a small lunch and other refreshments for their guests.

Legislative Reception

On May 20, 2009, the 30th Guam Legislature sponsored the "Senior Citizens Day" Arts and Crafts Fair at the Guam Marriott Resort and Spa from 10:00 a.m. to 2:00 p.m. Seniors from the 12 Senior Citizens Centers participated in this event which included concession tables for seniors

and one (1) Adult Day Care Center to promote Knitted/Quilted Products, Ornamental/Décor, Plants, Processed Foods, Local Produce, Recycled Products and Woven Products. Other highlights for this event included welcoming gifts for seniors in attendance, dancing, door prizes and other festivities. Funding for the venue for this activity was provided in part by the Department of Public Health and Social Services Division of Senior Citizens at the request of the Guam Legislature.

Division of Senior Citizens Volunteer Appreciation Program

The Division of Senior Citizens sponsored a Volunteer Appreciation Program at the Guam Marriott Resort and Spa on Friday, May 22, 2009 to recognize seniors who volunteer for the Guam Medicare Assistance Program and the Guam Senior Medicare Patrol Program. A total of 10 volunteers were honored during this event.

Centenarian Recognition Celebration

To honor island centenarians, the Centenarian Recognition Celebration was held at the Government House in Agana Heights on Thursday, May 28, 2009. The event recognized the longevity of four (4) of our island's oldest *manamko*, Mrs. Florentina M. Guarin, age 101, from Yigo; Mrs. Magdalena B. Lizama and Mrs. Emma S. Laguana both from Barrigada, and Mrs. Wei-Shen Lin Chen from Tumon who will all be celebrating 100 years this year.

The luncheon event included First Lady Mrs. Joann G. Camacho, Most Reverend Archbishop Anthony Sablan Apuron, Fr. Santiago Flor Caravia, and family members of the honored centenarians. The event's success was due to the efforts of the staff of the DSC; First Lady Mrs. Joann G. Camacho; Kals Corporation; Catholic Social Service; Law Offices of Gary Wayne Francis Gumataotao; GGARP/SPIMA; members of the Palau Softball and Volleyball Association; Guam Fire Department and the Bureau of Family Health and Nursing Services, DPHSS.

The Kals Corporation Evening Dinner

The Elderly Nutrition Program vendor, Kals Corporation, sponsored a "Western" themed dinner and dance for senior citizens on Friday, May 29, 2008 at 6:00 p.m. at the Seafood Chef Restaurant, Tamuning. The dinner was co-sponsored by First Lady Mrs. Joann G. Camacho. This year's event provided dinner, door prizes, a western costume competition and an evening of dancing with music performed by a live band.

Volunteers

Volunteers from AmeriCorp, GGARP/SPIMA's Senior Center Operations Program, Guam State Health Insurance Program (also known as Guam Medicare Assistance Program or Guam MAP) and the Guam Senior Medicare Patrol Program (Guam SMP), and Aging Network partners provided essential manpower to assist in the preparation of all the activities scheduled for Senior Citizens Month 2009.

SENIOR CITIZENS MONTH 2009 EXPENDITURE

DSC reports the following expenditures for Senior Citizens Month 2009 as follows:

Description of Activity	Payee	Cost	Funding	Total
Appropriation Amount for Senior Citizens Month: Total Beginning Balance				\$21,000.00
Facility Rental: (GCOA venue for 550 participants)	Guam Marriott Resort & Spa	\$9,350.00		
Newspaper Print advertisement: Five half-page ads for Senior Citizens Month (Dates: 2 ea 4/21/09, 1 ea 4/24/09, 2 ea 4/30/09)	Marianas Variety	\$ 2,250.00		
Printing			· · · · · · · · · · · · · · · · · · ·	
GCOA Booklets (550 pcs.)	Elite Printing	\$ 467.00		
Bus Services				
Charter Bus Service for seniors to attend	Fukuda Enterprise,			
GCOA and Legislative Activity	Inc.	\$ 1,300.00		
GCOA, Centenarian, and Senior Citizens Month Office Supplies and Materials	National Office Supply, Standard Office Supplies, General Services Agency Tendan Gubetnu, and Cost- U-Less	\$1,632.97		
Subtotal for Division of Senior Citizens		\$14,999.97	\$15,000.00	(\$15,000.00)
Transfer: Legislative Senior Citizens Day/ Arts and Crafts	30 th Guam Legislature	\$6,000.00	\$6,000.00	(\$6,000.00)
	Total Expenditure	\$20,999.97	\$21,000.00	
	Remaining Balance			\$.03

Conclusion

The 2009 Senior Citizens Month activities would not have been possible without the support and collaboration from government, private and public community-based organizations, home and health care organizations and businesses, non-profit organizations and Aging Network service providers and vendor.

Each planned Senior Citizens Month event took a tremendous amount of planning and coordination to achieve this year's successful turnout as evident by our networking capacity to increase event coordination and sponsorship.

Guam's expanding older adult population also spotlights our responsibility to ensure the well-being of our older citizens. As the agency with oversight on Aging, we will continue to diligently address older adults' health care challenges. It is our Division's mission to continue to provide opportunities to increase awareness to our island *manamko* on issues important to them, to engage them in modernizing their system of home and health care and to provide them with greater control of their lives.